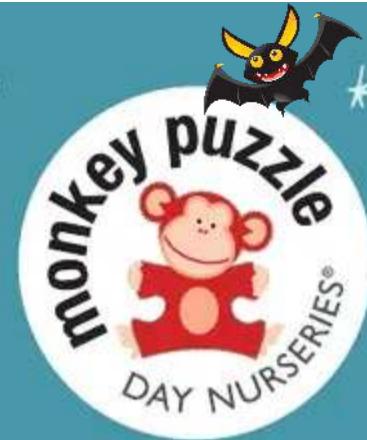


Astwick Newsletter



Proud to be a
Top 20 Nursery

daynurseries.co.uk



October 2025

Nursery Updates:

Throughout September:

- All the rooms enjoyed grandparents stay and play. We hope they all had the best time too!
- The new baby room was completed and the front garden has started taking form. Daisies room also started its transformation.
- The children have explored the change in our natural environment with leaf colours changing, conkers and acorns falling, as well as learning about what's to come as the weather gets colder
- The older Lilies children started to explore forest school and enjoy their new sessions.

October Parent challenge...

How many bats can you find throughout the newsletter?

Send over your guess to Zoe/The office via Family to be in for a chance to win a prize!!

Throughout October:



- We have our last inset day for the year. This is October the 28th and we will be closed for staff training. The nursery will reopen on the 29th as normal.
- The rooms will be juggled around each week to make sure the builders can get in to do the flooring and painting. We will keep you updated on Family so you know if your child's room will be moved for a few days.
- As the weather starts to change, please can we make sure children are coming in with coats and long sleeves/trousers.
- Halloween is fast approaching, keep an eye out on Family for our upcoming pumpkin competition and room Halloween party/dress up.
- The nursery turns 6! Celebrations will be taking place throughout the nursery in the rooms.

Fees -

As we have so many new parents at the nursery, this is just a polite reminder that fees are due on 1st of each month. We are aware that tax free childcare payments can take a couple of days to get to us, we ask that you try and transfer these before the 1st to ensure they are in our bank on time but will give leeway by a couple of days due to this for these payments.

Any payments not received by the 7th of each month will receive a reminder and may then incur a late payment charge.

important!

Inset days

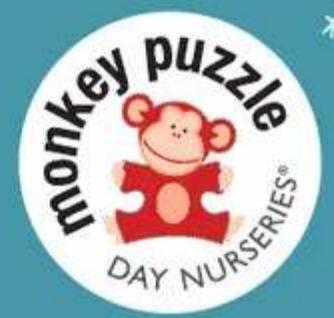
Tuesday 28th October 2025



We continue to strive to give your child the best experience at nursery. If you have any questions or suggestions, please send us an email/give us a call!

If you and your children are having a positive nursery experience please support us by leaving a review on Facebook, Google or DayNurseries.co.uk. These are really valued by us and give us feedback on what we are doing well.

Take a look at what the rooms have been up to:



Over Two's

Please send over any interests your child has at home, along with some beautiful pictures and we can plan some special activities for them throughout the month!

(3-5 years)

Bluebells

This month in bluebells the children have explored many different activities; such as a teddy bear picnic, where they created their own teddy bears with some brown playdough. In the afternoon they then had grandparents stay play, showing them their room and decorating a picnic blanket with different materials. They completed this by gluing and sticking with a variety of tools.

The children have enjoyed making fruit smoothies where they got the chance to cut up some fruit and then blended it up. The children would then describe what it tasted like.

The Bluebells have also enjoyed some baking where they got the chance to mix all of the ingredients together to make blueberry muffins. Which they then went on a picnic to the front field and had their muffins for their pudding.

We sent home some green blocks for you to create your own floral masterpiece. Some have been returning already and they are beautiful! We can not wait to see the rest.

The children have enjoyed taking part in lots of science experiments. They have been watching what happens with the bicarbonate soda when they add vinegar, seeing how it reacts. They added food colouring to it too and then compared which had erupted higher. They have also enjoyed a sinking and floating experiment where they were guessing which objects would sink and float.



(2-3 years)

Lilies

We have had a very busy September in Lilies! We had our grandparents visit us and come for a play! We made some love heart cards and had lots of messy play!

Our walks have been so much fun this month! As autumn has started we have been walking around the farm to find signs of this. We have been collecting lots of conkers and been playing with them in our autumn tuff trays. The children have been so fascinated finding the un-open conkers and watching them open to reveal some conkers inside!

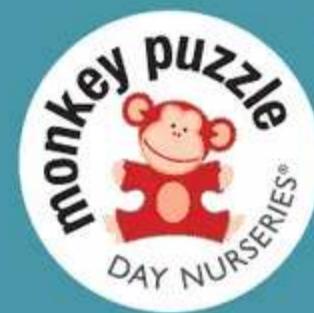
We have also been going to the apple and pear trees near the front field. We have been going in small groups to collect some to take back. In our signing classes this month we have been learning about family and some new songs too like 'hey didile didle'.

Throughout the month we have done some activities to celebrate some events. Such as the great fire of London, where we had to put the fire out with spray bottles. For river day we explored how water moves on our fake river made out of tinfoil! On pirate day we did lots of role play where we dressed up and made castles out of junk modelling!

This month there are lots more exciting things happening such as the first week of October is recycling week, where we will be going out to the fields making sure they are all clean! It is also harvest this month so we will be playing with lots of vegetables and talking about how veggies are grown. It is also Diwali on the 20th of October where we will be making little tea lights! On the 4th-10th it is space week so we will be exploring planets and making some crafts around space!



Take a look at what the rooms have been up to:



Under Two's

Please send over any interests your child has at home, along with some beautiful pictures and we can plan some special activities for them throughout the month!

(15 months - 2 years)

Daisies

This month in Daisies we have been very busy investigating Autumn themed activities! We have explored the different textures of leaves, we used conkers to do some expressive art and have mixed colours to do some painting using different things found out in our environment.

For our teddy bear picnic day, we took part in a big bear hunt over in the field. Alongside this, we have made sure to stay active whilst it's started getting colder. We have taken part in lots of sports and included more physical activities whilst outside.

The Daisies have also enjoyed welcoming back Jo jingles with Karen and Signing Sam with Becky.

This month we have focused a lot on our emotions and regulating them. The colour monster has been very popular; we have also used emotions bears. The Daisies have started to acknowledge when their peers are sad and understanding that a cuddle can cheer them up.

The Daisies have very much enjoyed arts and crafts. They have taken part in lots of painting and used a variety of materials to make our own masterpieces. They really enjoyed creating their own stickman. There has been a huge interest in puzzles and shape identification this month. From this interest we helped the children explore this through messy play such as gloopy hidden shape trays.

We are excited to celebrate all the upcoming events in October. We will be exploring and introducing more Autumn/winter activities and of course ... Halloween. We are looking forward to lots of spooky crafts, baking and science experiments.

(3 - 15 months)

Tulips

Over the month of September we have been embracing the change of Season in Tulips. We have been exploring all of the colours of Autumn through our many sensory activities including leaf painting, Autumn play-dough and exploring colourful sensory bottles.

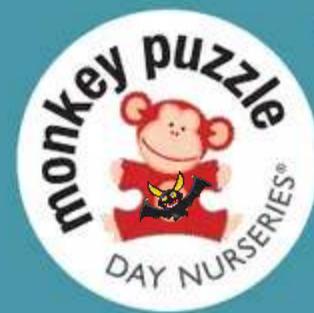
We have enjoyed our trips out and about to visit the cows in the farm field and had some lovely picnics together. We have also looked out for signs of Autumn on our trips to the park and have even been lucky enough to spot some squirrels!

We have had plenty to celebrate this month including National teddy bear day. For this we welcomed the babies teddies from home and all enjoyed a teddy bear tea time. We also created our own teddy bear crowns to wear.

We also explored zero waste week and recycle week. We created our own cardboard tube play-dough cutters to make circle shapes in our play-dough, along with rolling the wheels of a recycling lorry through play-dough to make tracks.



Friendly reminders and upcoming events



Parent Observations Parent/home observations are a great tool for us to be able to see your child's interests at home. It is also lovely to see the things that they are achieving whilst with you!

To add an observation for the key worker to see it :

- Go to journey - Go to new - New observation

It should then pop up as a parent observation on the screen and you can add your observation along with photos and videos by clicking the camera icon. It would also be great if you could share your input into our home activities by uploading photos of your child completing these at home.

New starters:

Please can all new families make sure you have returned your registration forms to us along with a copy of your child's birth certificate and bring their red book with you to their first settle. If you have any questions about your child's room, the way we plan, assessments and more please do not hesitate to contact us by giving us a call!

Autumn/Winter:

As we slowly approach the colder weather, we ask that you start to plan ahead for your child's day at nursery. We will start to need Wellie's, coats and hats for our walks and garden time (if they are not already at nursery) and warmer, long sleeve clothing in their bags. Please make sure there are enough changes of clothes in your child's bag so we can change them when needed.

Clothing:

Please can you make sure all clothing items are labelled with your child's name or initials so we can make sure they are returned to the correct family at the end of each session.



World space day –4th to 10th October

A UN organised week to celebrate each year at the international level the contributions of space science and technology to the betterment of the human condition.

The nursery will be holding science experiments for the children throughout the week.

World smile day - 5th October

A day started by Harvey Ball, creator of the smiley, as a day which is dedicated to smiles and kind acts throughout the world.

We will be discussing with the children what makes them smile :)

World Teachers day – 5th October

UNESCO day which provides the occasion to celebrate the teaching profession worldwide, to take stock of achievements, and to address some of the issues central for attracting and keeping the brightest minds and young talents in the profession.

World singing day – 18th October

World Singing Day is a global sing-along held annually on the 3rd Saturday in October. As a catalyst for positive human connection, this one day each year serves as an opportunity to celebrate our global family through the international language of music.

Diwali - 21st September to 1st November

Diwali is the Hindu, Sikh and Jain festival of Lights, which is celebrated with fireworks, dancing, music, the decoration of homes and feasting. The most important aspect is decorating with lights, especially the traditional Diwa candles. The children will be learning about this celebration and what's involved.

National cat day – 29th October

Cat Day is a US based holiday for cats and cat lovers that encourages adoption of cats from animal shelters and breaks the internet with cuteness!
The rooms will be discussing cats and how we care for them. If you have a cat at home, please share the pictures with us.

Halloween – 31st October

The world wide celebration of all things spooky and scary. Halloween is thought to have it's roots in the pagan festival of Samhain which was a type of harvest festival. It is celebrated with trick or treating, dressing up and decorations.
The rooms will be sharing their Halloween party dates on famly soon. Children can come in dressed up for the fun.



important!

Stay and Play 230-330pm

Lilies - 14th October



Please email Manager@monkeypuzzleastwick.co.uk to book in



your space



Upcoming Nursery events

Stay and Plays for 2025

Following on from your parent survey results, Our stay and play sessions are now one room a month. Please see below for the first 6months:

October - Lilies 14th

November - Bluebells 14th

December - (Christmas) Tulips 3rd, Daisies 5th, Lilies 9th, Bluebells 17th

Please note we are releasing these dates in advance following the recent feedback from our questionnaire. We will not be taking bookings for your child's room in advance and will be waiting until we release the dates on Family via a post.

Inset days 2025

- Tuesday 28th October 2025

On this date the nursery will be closed for staff training and reopen the following day.

PANCO - Katie

Meet Katie our nursery PANCO



What is a PANCO? - The Physical Activity and Nutrition Coordinator (PANCO) is a named and qualified member of staff. They lead on health and wellbeing throughout the nursery and champions the best practice within an early years setting. Katie supports all the rooms with activity ideas and nutrition.

Katie is going to be providing activities, quotes and advice in this section of the newsletter for you all to get involved with too!

October -

We are well and truly in pumpkin season!

If you find yourselves with any spare in between Halloween celebrations, here are some recipes to bake & enjoy below. ☺

1. Pumpkin hummus



If you're celebrating the season in style, use a pumpkin to decorate your dinner table and fill it with this delicious pumpkin hummus. The flesh is simply scooped out and roasted in the oven, then the kids can help tip it all into a food processor - along with lemon juice, tahini paste and chickpeas - and whizz it all together.

↓
tap
here

5. Pumpkin pie s'mores



Whip up a batch of your own pumpkin purée - small pieces of squash simply steamed and mashed - then you're all set to make this delicious campfire classic. Kids will love squidding together the ginger nut biscuits with gooey marshmallow inside! These easy pumpkin pie s'mores can also be made with canned purée, if you prefer - try them on Bonfire Night and beyond.



SENCO - Nadia

Meet Nadia our Nursery SENCO's. Nadia works in our 3yrs+ room and Carrie works in our 3-5's room.

What is a SENCO? - A special educational needs Co-ordinator (SENCO) is a qualified member of staff who is there to support children and families at the early stages of an educational challenge in a child's development.

Communication champion - Navreet

Meet Navreet our Nursery communication champion.

What is a Communication champion? - A Communication Champion is a key advocate for the development of speech, language and communication for all children within an early years setting. Navreet supports all the rooms with different ways to work on the children's communication and inputs ideas into their routines when noticing a gap in an age group.



Annual pumpkin competition!!

Its nearly Halloween and in October we like to hold a pumpkin competition and turn our front garden into the Astwick pumpkin patch!

Anyone who would like to participate would need to hand their pumpkin in on the week of 27th October.

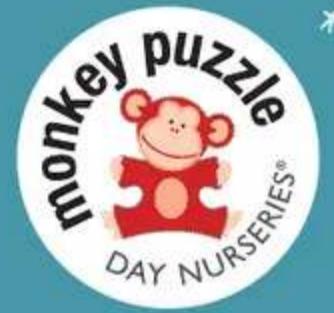
On Friday 31st our director will select her favourite Pumpkin, and you will win a prize 😊

You are also welcome to take your pumpkins back home on the Friday if you would like them for the weekend.

Happy decorating!!

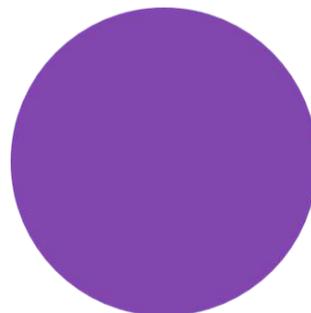


Thank you



Thank you all for your continuous support and participation within the nursery!

Follow our social media pages!
Tap on the Icon below to explore....



Thank you for all your lovely reviews on Day Nurseries.
We are proud to announce that we have been voted in the top 20 again this year!!

