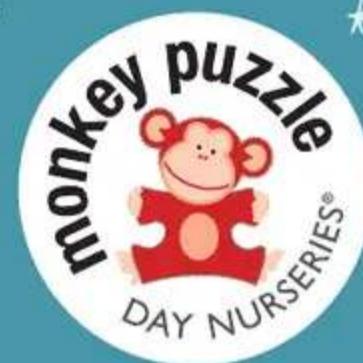


# Astwick Newsletter

Proud to be a  
**Top 20 Nursery**

daynurseries.co.uk



## July 2025

### Nursery Updates:

#### Throughout June:

- The rooms enjoyed their fathers day stay and play sessions. Thank you for joining us!
- Bluebells and Lilies enjoyed a visit from the dental hygienist. They learnt how to look after their teeth properly and how to correctly clean them.
- In Forest school they have been creating and developing their fairy area, making little items from natural resources for the fairy's to use at night time.
- The rooms have been baking and really enjoyed creating their own sausage rolls for sausage rolls day!
- There has been lots of water play to keep the children cool. Thank you for providing more changes of clothes for the children

#### Throughout July:

- We have Tulips stay and play session. Please email to book your slot.
- We have national cousins day where we would like to talk to the children about family and what their cousins mean to them. If you are able to share pictures of them with their cousins for activities and group times, that will be great.
- We have our preschool graduation this month! We can not wait to celebrate with our school leavers.

#### Fees -

As we have so many new parents at the nursery, this is just a polite reminder that fees are due on 1st of each month. We are aware that tax free childcare payments can take a couple of days to get to us, we ask that you try and transfer these before the 1st to ensure they are in our bank on time but will give leeway by a couple of days due to this for these payments.

Any payments not received by the 7th of each month will receive a reminder and may then incur a late payment charge.

## important!

### Inset days

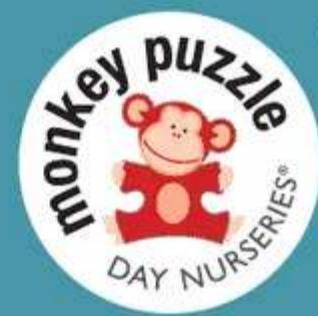
Tuesday 28th October 2025



*We continue to strive to give your child the best experience at nursery. If you have any questions or suggestions, please send us an email/give us a call!*

*If you and your children are having a positive nursery experience please support us by leaving a review on Facebook, Google or DayNurseries.co.uk. These are really valued by us and give us feedback on what we are doing well.*

# Take a look at what the rooms have been up to:



## Over Two's

Please send over any interests your child has at home, along with some beautiful pictures and we can plan some special activities for them throughout the month!

### (3-5years)

#### Bluebells

This month in bluebells we have explored many different activities for lots of different celebrations some of which were, world sausage roll day, healthy eating week and Father's Day. There were many different activities set around these celebrations as well as our general day to day activities to help with the areas for the children.

The children really enjoyed making their own sausage rolls for world sausage roll day. They put the sausage meat into the puff pastry with the adult and they made the marks on the edges of the pastry to close down the sausage roll. They enjoyed having a little treat to take home with them. Along with some cooking the children also made their own hummus where they blended chicken peas with some seasoning and they have with their snack one afternoon.

We have also enjoyed creating our very own fairy area in our forest school. The children have been super busy making their own fairy houses and little fairies and gnomes. They have been using the different tools to cut the logs for them to then paint the fairy houses and they will place them all in the new fairy area of forest school. We have also explored a few healthy eating activities where they have made their own fruit skewers with different fruits and they had that for their snack one day and they have also been doing some potato and pepper printing in the paint creating different marks with each vegetables.

For Father's Day the children enjoyed having their dads come in for a stay and play. The children have enjoyed a shaving station where they were shaving their dads faces with shaving foam and lollipop sticks. They have also decorated some ties with paint and colour pencils and they really enjoyed some blue playdough creating different things with their dads. They have also enjoyed creating little gifts for their daddies where they have created a photo frame for them and a medal while being out in forest school. They have also done a little daddy questionnaire where they answered some questions all about their dads and they created a Father's Day card.



### (2-3 years)

#### Lilies

We have had a very busy June in Lilies! We started our month off with an earth play dough, for world environment day, where we added rice to look like grass.

We then did some sponge painting to look like butterflies. The children loved using rainbow colours!

In our circle times the children have been loving using musical instruments and doing yoga, as it was also national yoga and music day this month!

In the sunny weather we have been loving our picnics, we have had some in the garden, and lots of the front field! As the grass is so long in the field we have loved practicing our scissors to cut it!

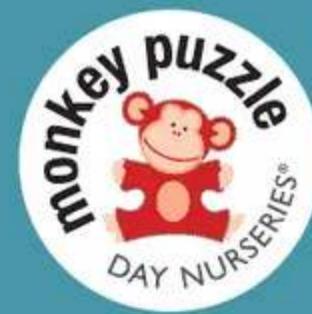
In our signing classes we have been learning the different signs for animals, such as zoo and farm animals!

We loved having our Father's Day stay and play, it was so nice to see the children playing with some new people! In the hot weather we have had lots of spa days and one week we even made cooking fave masks!

Coming up in July we have lots of exciting activities planned based on some events! It is sports day all month long so we will definitely be having lots of races on the field! It's also world chocolate day on the 7th July, which sounds very yummy! We will be having a Teddy bears picnic on the 10th of July so see if you children would like to bring in a Teddy to bring! It is then snake day on July 16th and Tiger day on July 29th! To finish the month it is world friendship day on the 30th of July, so we will definitely be making some friendship bracelets!



# Take a look at what the rooms have been up to:



## Under Two's

Please send over any interests your child has at home, along with some beautiful pictures and we can plan some special activities for them throughout the month!

### (15 months - 2 years)

#### Daisies

In Daisies throughout June, we have been enjoying every minute of this lovely weather. There has been trips to the park and we have also been over to the church to see the horses! The horse even came up close to see us and the children got to see it eating some grass. We then discussed what they like to eat.

We have been exploring colour mixing using our hands, exploring sensory as well as patterns and colours. The children have got used to the feeling of wet paint and this has allowed us to add different things into tuff trays without them shying away due to sensation or texture.

The animal puppets have been a bit hit. We have explored farm and zoo animals this month. This has also continued through our signing classes and Jo jingles. We have learnt new signs for zoo animals which we can't wait to share with you. The children then made their own zoo masks.

We have been developing on our physical skills and using the climbing frame in the room for balance and strength. The children are getting so good at climbing this independently with little support now!

The children have really enjoyed creating all the bits for their Father's Day gift bags. They also had so much fun with the stay and play, we hope you did too.



### (3 - 15 months)

#### Tulips

During the month of June in Tulips we have made the most of the lovely weather, enjoying time outdoors. We have also been keeping cool in the shade whilst playing on the trikes and rowing boat or rocking horse. We have enjoyed water play, splashing about, making bubbles, washing dollies and playing with the sea creatures in the water.

Other activities we have explored are: playing in the gloop, making patterns in playdough, mixing water and flour to fill pots and pans and also enjoying helping to prepare cheese and vegetable twists for an activity, then eating them later.

We have been doing activities around cultural capital events, which have included making lovely gifts for our dads for fathers day. We celebrated world ocean day, playing with animals in the water. Healthy eating week we used different vegetables and dipped them in paint to make patterns on the paper.

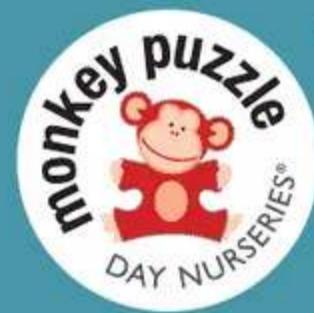
For child safety week we made a track and rolled cars around it with paint to make tyre marks. We then used this to build tracks to push our cars along.

We celebrated world music day by singing lots of songs whilst playing lots of different instruments too. The children also enjoyed dancing along to the beat.

Tulips also enjoyed our stay and play session with the lovely daddies that were able to join us.



# Friendly reminders and upcoming events



Parent Observations Parent/home observations are a great tool for us to be able to see your child's interests at home. It is also lovely to see the things that they are achieving whilst with you!

To add an observation for the key worker to see it :

- Go to journey - Go to new - New observation

It should then pop up as a parent observation on the screen and you can add your observation along with photos and videos by clicking the camera icon. It would also be great if you could share your input into our home activities by uploading photos of your child completing these at home.

## New starters:

Please can all new families make sure you have returned your registration forms to us along with a copy of your child's birth certificate and bring their red book with you to their first settle. If you have any questions about your child's room, the way we plan, assessments and more please do not hesitate to contact us by giving us a call!

## Spring/Summer:

As we slowly approach the warmer weather, we ask that you start to plan ahead for your child's day at nursery. We will start to need sun hats for our walks and garden time (if they are not already at nursery) and lighter spare clothing in their bags. Please make sure there are enough changes of clothes in your child's bag so we can change them when needed.

## Clothing:

Please can you make sure all clothing items are labelled with your child's name or initials so we can make sure they are returned to the correct family at the end of each session.



### Wimbledon Week – 30th June to 13th July

This annual international tennis championship is held in Wimbledon, UK. The top tennis players from around the world gather to take part in one of tennis' most prestigious tournaments.

### Canada Day - 1st July

The national day of Canada. It celebrates the anniversary of July 1, 1867, the effective date of the Constitution Act. A federal holiday, it is celebrated with community and family events, parties and fireworks.

### American independence day – 4th July

This is the celebration of the independence of the United States of America. It is a federal holiday in the US and is celebrated with family events, fairs, carnivals and fireworks.

### World chocolate Day – 7th July

World Chocolate Day is just a day for enjoying and celebrating the introduction of chocolate to Europe, for which we are all very grateful.

### Shark awareness day – 14th July

Celebrates this amazing and misunderstood creature and to raise awareness of threatened shark species and the importance of their conservation.

### St. Swithuns Day – 15th July

According to legend, if it rains on Saint Swithun's bridge in Winchester UK today, it will continue to rain for 40 days and 40 nights.

### National cousins day – 24th July

Celebrate your relationship with the offspring of your aunts and uncles today.

# *important!*

## **Stay and Play 230-330pm**

### **Tulips -1st July**



Please email [Manager@monkeypuzzleastwick.co.uk](mailto:Manager@monkeypuzzleastwick.co.uk) to book in



your space



# Upcoming Nursery events

## Stay and Plays for 2025

**Following on from your parent survey results, Our stay and play sessions are now one room a month. Please see below for the first 6months:**

July - Tulips 1st  
August - Daisies 7th  
September (Grandparents day) - Tulips 25th, Daisies 17th, Lilies 15th, Bluebells 9th  
October - Lilies 14th  
November - Bluebells 14th  
December - (Christmas) Tulips 3rd, Daisies 5th, Lilies 9th, Bluebells 17th

**Please note we are releasing these dates in advance following the recent feedback from our questionnaire. We will not be taking bookings for your child's room in advance and will be waiting until we release the dates on Famly via a post.**

## Inset days 2025

- Tuesday 28th October 2025

On this date the nursery will be closed for staff training and reopen the following day.

## **PANCO - Katie**

### **Meet Katie our nursery PANCO**



What is a PANCO? - The Physical Activity and Nutrition Coordinator (PANCO) is a named and qualified member of staff. They lead on health and wellbeing throughout the nursery and champions the best practice within an early years setting. Katie supports all the rooms with activity ideas and nutrition.

Katie is going to be providing activities, quotes and advice in this section of the newsletter for you all to get involved with too!

## **July -**

Over the past month in Lilies and Bluebells we have been introducing some healthy movers activities. These are a variety of physical games and activities which aim to support children's physical literacy in the Early Years and support their social and emotional development.

We have been focusing on one activity a week to practice and strengthen physical skills. Repeating actions helps to create muscle memory and overtime this helps movements to become automatic.

We will be sharing with you our activity each week along with some skills you can practice at home to further support this. Please do let us know how you get on with practicing these as we would love to celebrate the children's perseverance and achievements!

## **SENCO - Nadia and Carrie**

### **Meet Nadia and Carrie our Nursery SENCO's. Nadia works in our 2-3's room and Carrie works in our 3-5's room.**



What is a SENCO? - A special educational needs Co-ordinator (SENCO) is a qualified member of staff who is there to support children and families at the early stages of an educational challenge in a child's development.

July:

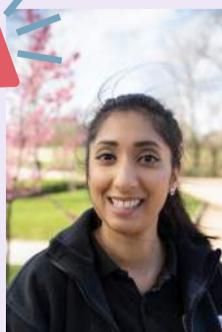
Next month we're working on supporting the children's memory skills. We have attached some information for you to support them at home too on the next page.



## **Communication champion - Navreet**

### **Meet Navreet our Nursery communication champion.**

What is a Communication champion? - A Communication Champion is a key advocate for the development of speech, language and communication for all children within an early years setting. Navreet supports all the rooms with different ways to work on the children's communication and inputs ideas into their routines when noticing a gap in an age group.



# Developing Auditory Memory Skills



## Strategies

- Only give the child one piece of information at a time
- Allow the child to process this before more information is given
- Gradually increase the number of items/ amount of information the child has to remember
- Split instructions into smaller segments to make it easier for the child to remember  
e.g. 'Go to the office.....ask for the key.....and take it to Mrs X'
- Encourage the child to repeat messages and instructions back to you to ensure that they have remembered the key pieces of information
- Provide visual support such as writing key words, picture or symbols on the board to act as reminders
- Use simple checklists to help the child remember what to do
- Encourage the child to tell you when they have been given too much information and let them feel that it is a sensible thing to do and not an admission of failure
- Encourage the child to practice saying key words over and over to themselves to help them remember

## Activities for Auditory Memory Skills



### Messages

- Give the child opportunities to collect or borrow things from other areas of the school and increase the complexity of the message as s/he becomes more able
- Ask other teachers to provide the child with a reply

### Recalling Events/ Stories

- Encourage the child to recall and describe recent activities. Give clues and prompts to help if s/he has not retained the information
- Read stories to the child and encourage him/ her to retell them
- Use the news telling clown (who, where, when, what, why, feelings) to act as a visual prompt to help children remember

### Memory Word Games for the Whole Class

- Shopping Game – each child must remember the last items bought and add a new one e.g. 'I went shopping and I bought....'
- Minister's Cat – each child provides an adjective for the cat alphabetically, taking turns e.g. 'The minister's cat is angry, bold' etc.
- Give the child a password that s/he must say before entering the room
- Key Word and Action – the class are given a key word for the day e.g. pineapple, with an accompanying action. Throughout the day the teacher says the word and the child responds

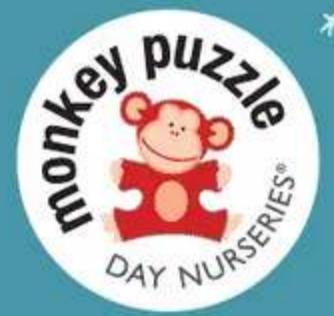
### Visual Memory

- One child leaves the room and the others have to describe what s/he looks like
- The children have to copy actions demonstrated by the leader
- Kim's game – show a tray of objects and then remove them. The children recall what was on it

### Sequencing Games

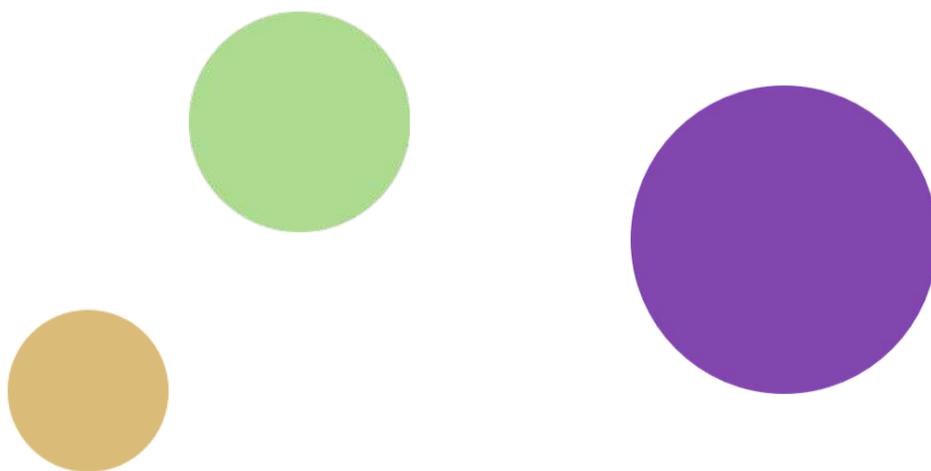
- Each child thinks of an animal noise. The teacher names four animals and those children make their noises in the correct order. Gradually increase the length of the sequence.

# Thank you



Thank you all for your continuous support and participation within the nursery!

Follow our social media pages!  
Tap on the Icon below to explore....



Thank you for all your lovely reviews on Day Nurseries.  
We are proud to announce that we have been voted in the top 20 again this year!!

